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# Avoiding a multiversal apocalypse from Coleman–De–Luccia transitions

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Work in progress with B. Hassfeld, B. Freivogel and A. Hebecker

# The multiverse

- String multiverse [Bousso, Polchinski '00][Denef, Douglas '04][...] needs **dynamical transition rates**.
- Most events occur on very large late-time slices



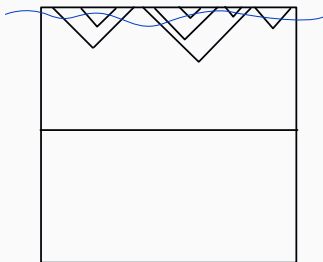
## Late-time Lorentzian picture?

**Euclidean** [Coleman '77][Callan, Coleman '77][Coleman, De Luccia '80]

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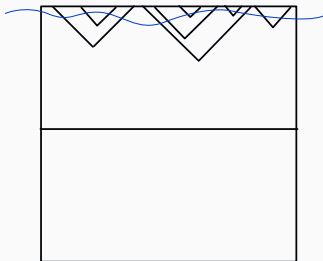
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$$S_E = \sum_{i=1}^2 \left[ M_p^2 \int_{\mathcal{M}_i} \sqrt{g_i} \left( -\frac{\mathcal{R}_i}{2} + 3H_i^2 \right) - \int_{\partial\mathcal{M}_i} M_p^2 \mathcal{K}_i \right] + \int_{\partial\mathcal{M}_1} \sigma$$

- Pure tension thin wall between two de Sitter vacua:

$$H_1, H_2, \quad \xi \equiv \frac{\sigma}{2M_p^2}.$$

- Instantons: Two four-sphere patches glued on an  $S^3$  wall
- Wall radius is fixed by Israel junction condition:

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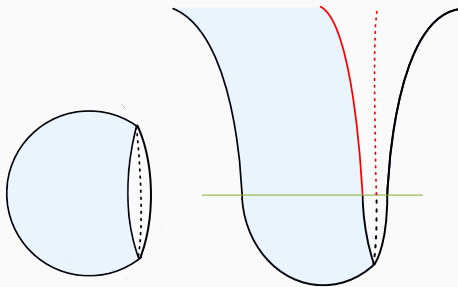
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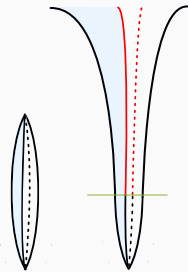
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# Coleman–De–Luccia (CDL) [Coleman, De Luccia '80]



Type A

$$x = \frac{\xi^2}{H_1^2 - H_2^2} < 1$$

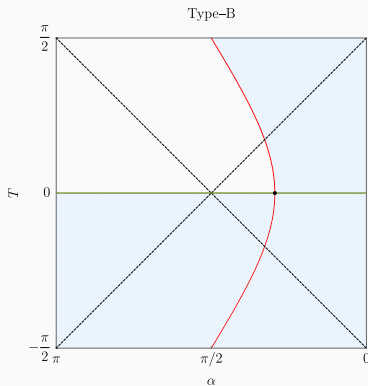
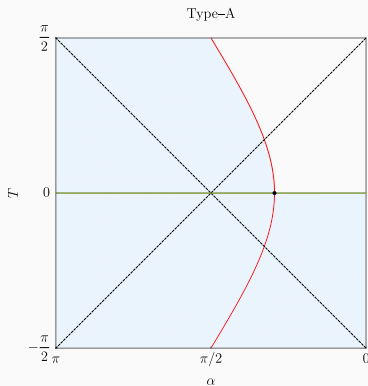


Type B

$$x = \frac{\xi^2}{H_1^2 - H_2^2} > 1$$



# Penrose diagrams



- **Type-A**: down-tunneling can be understood inside a parent static patch
- **Type-B (or up-tunneling)**: naive waist continuation says that **most of the parent spatial sphere disappears**

# The Larfors–Johnson problem

[Johnson, Larfors '08] × 2 [Aguirre, Johnson, Larfors '10]

- In type IIB flux Landscape:  $m_{\text{flux}} \sim \frac{1}{\mathcal{V}_0}$
- Second step: Kähler stabilization

$$m \ll m_{\text{flux}} \quad \implies \quad m\mathcal{V}_0 \ll 1$$

- Flux changing domain wall are D5/NS5-branes with tension

$$T = \frac{A_0}{\mathcal{V}} = \frac{A_0}{\mathcal{V}_0} e^{-B_0\phi}$$

- In KKLT and LVS [Kachru, Kallosh, Linde, Trivedi '03][Balasubramanian, Berglund, Conlon, Quevedo '05][...] large tension  $\Rightarrow$  **Type-B regime**:

$$\underline{\text{KKLT}}: \quad x \sim \frac{1}{|W_0|^2} \gg 1, \quad \underline{\text{LVS}}: \quad x \sim \mathcal{V}_0 \gg 1$$

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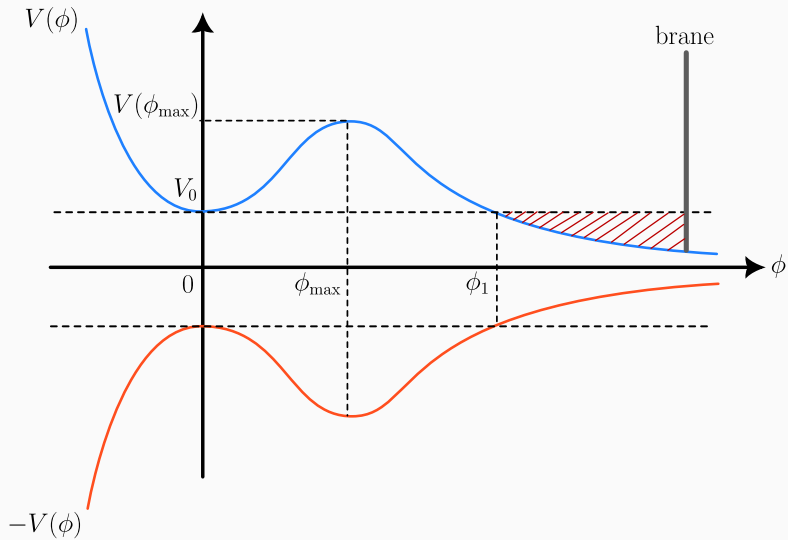
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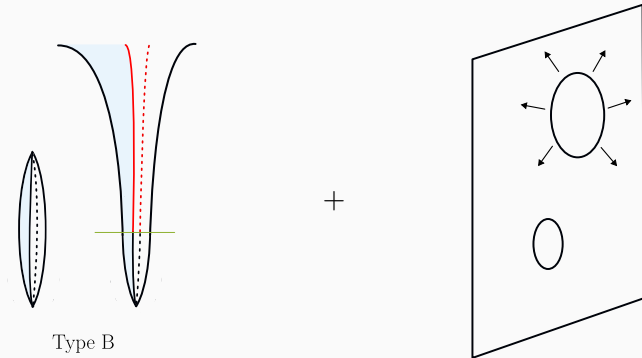
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# The Larfors–Johnson problem



# Type-B + Unstable domain wall + CDL = Apocalypse



→ **Crunch of multiverse**

# Late-time Lorentzian strategy

- Global dS slicing:

$$ds^2 = -dt^2 + \frac{\cosh^2(Ht)}{H^2} d\Omega_3^2$$

- Unique set of solutions**

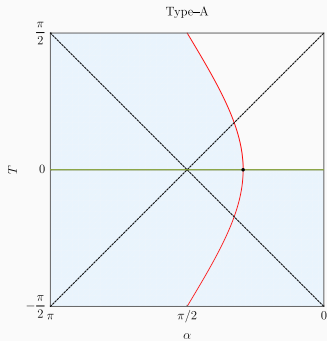
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$$R(t) = a(t) \sin \alpha(t).$$

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$$\Gamma = e^{-B}, \quad B = 2 \int_0^{R_{\text{on-shell}}} \text{Im } p_R dR$$



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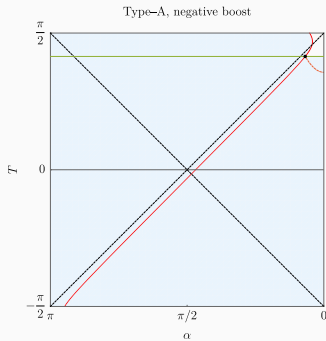
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Small off-shell bubble grows  
inside an already large parent  
dS



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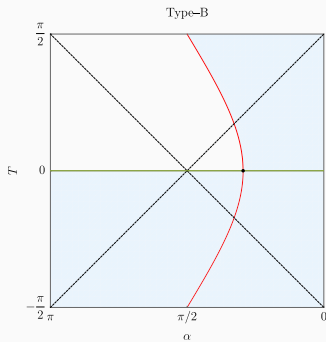
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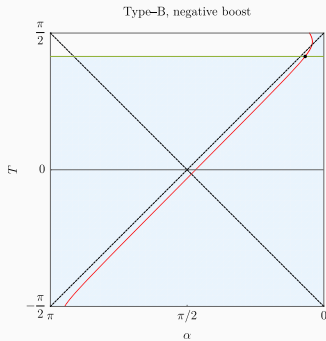
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Not a small bubble

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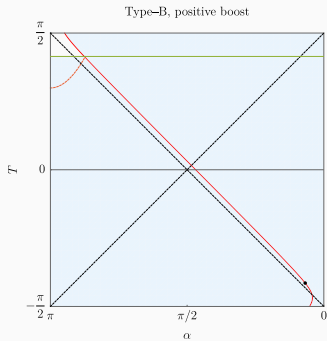
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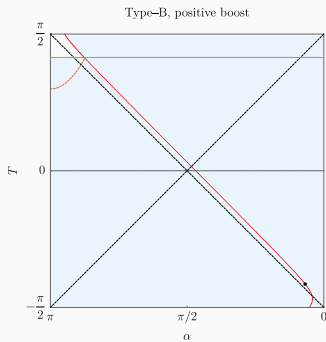
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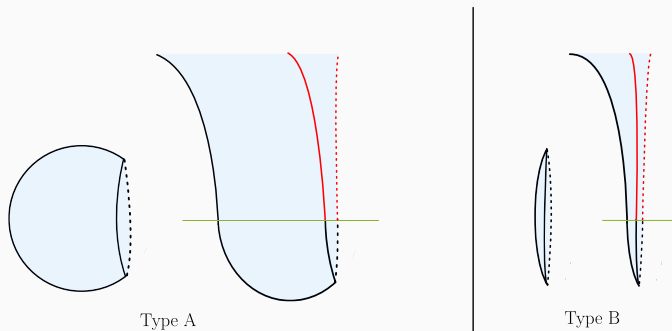
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# Bubble of Nothing (BoN) [Witten '82][...]



- Replace second vacuum by an end-of-the-world (ETW) brane
- Only one dS side with Hubble factor  $H$

## BoN Hamiltonian in the late-time limit

$$S = M_{\text{p}}^2 \int_{\mathcal{M}} \sqrt{-g} \left( \frac{\mathcal{R}}{2} - 3H^2 \right) + \int_{\partial\mathcal{M}} M_{\text{p}}^2 \mathcal{K} - \int_{\partial\mathcal{M}} \sigma$$

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At large  $R$ , constraint  $\implies$  boosted CDL trajectories

At smaller  $R$ , branch choices fixed by continuity/tunneling interpretation

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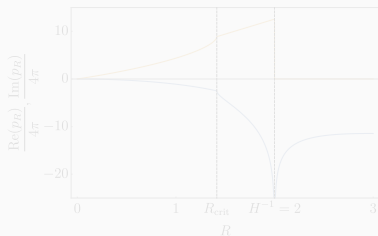
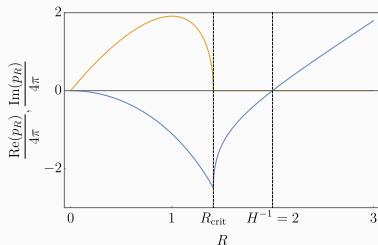
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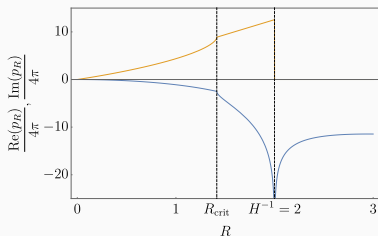
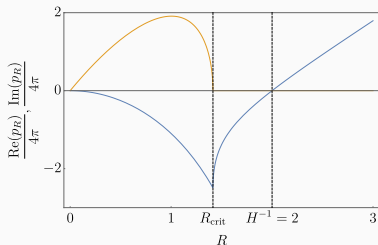
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- Type-A: WKB barrier ends at the CDL critical radius
- Type-B:  $\text{Im } p_R$  stays non-zero beyond  $R_{\text{crit}}$
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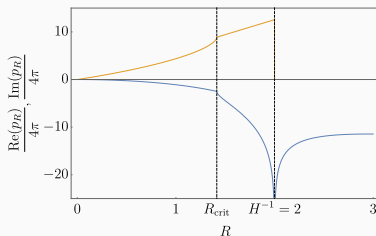
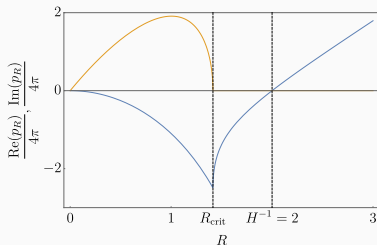
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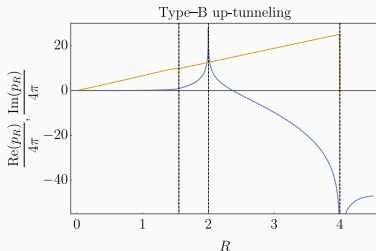
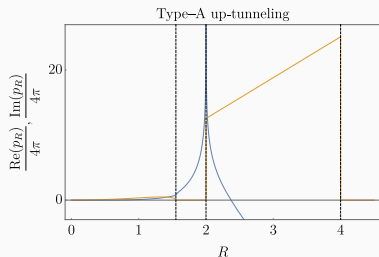
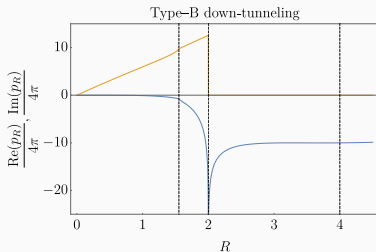
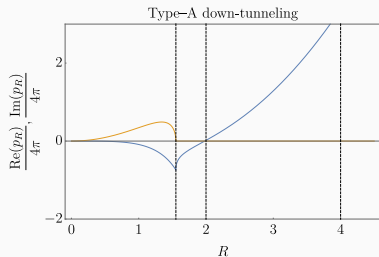


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# dS-to-dS transitions

- Two-sided version: two Hubble scales  $H_1, H_2$



# Conclusions

- CDL rates survive a direct late-time Hamiltonian treatment:

$$B_{\text{late}} = B_{\text{CDL}}$$

- The Lorentzian interpretation changes sharply in the gravity-dominated regime
- For BoN Type-B, up-tunneling, and Type-B dS-to-dS transitions, the bubble goes on shell at the **parent horizon**, not at  $R_{\text{crit}}$
- Clear late-time geometric picture

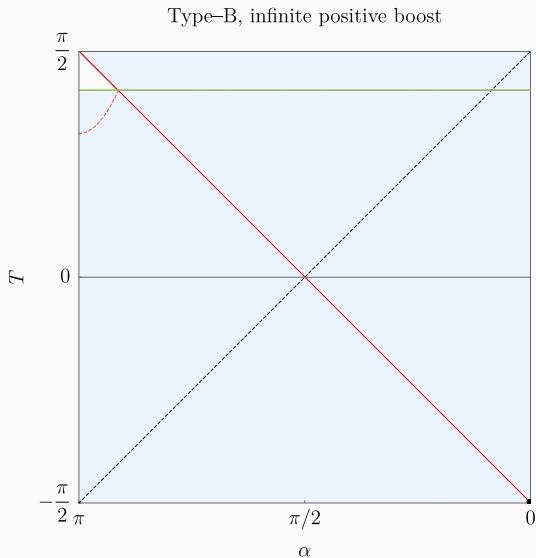
Thank you for your attention!

# Outlooks

- Staying at finite time  $\longrightarrow \Psi(R) \rightarrow \Psi(a, R)$
- The **Larfors–Johnson problem is reformulated:**  
Unstable domain walls require their late-time rate computation
- Wall coupled to bulk scalar field to describe decay
- Deep reason why CDL comes out?



# On-shell at the horizon



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